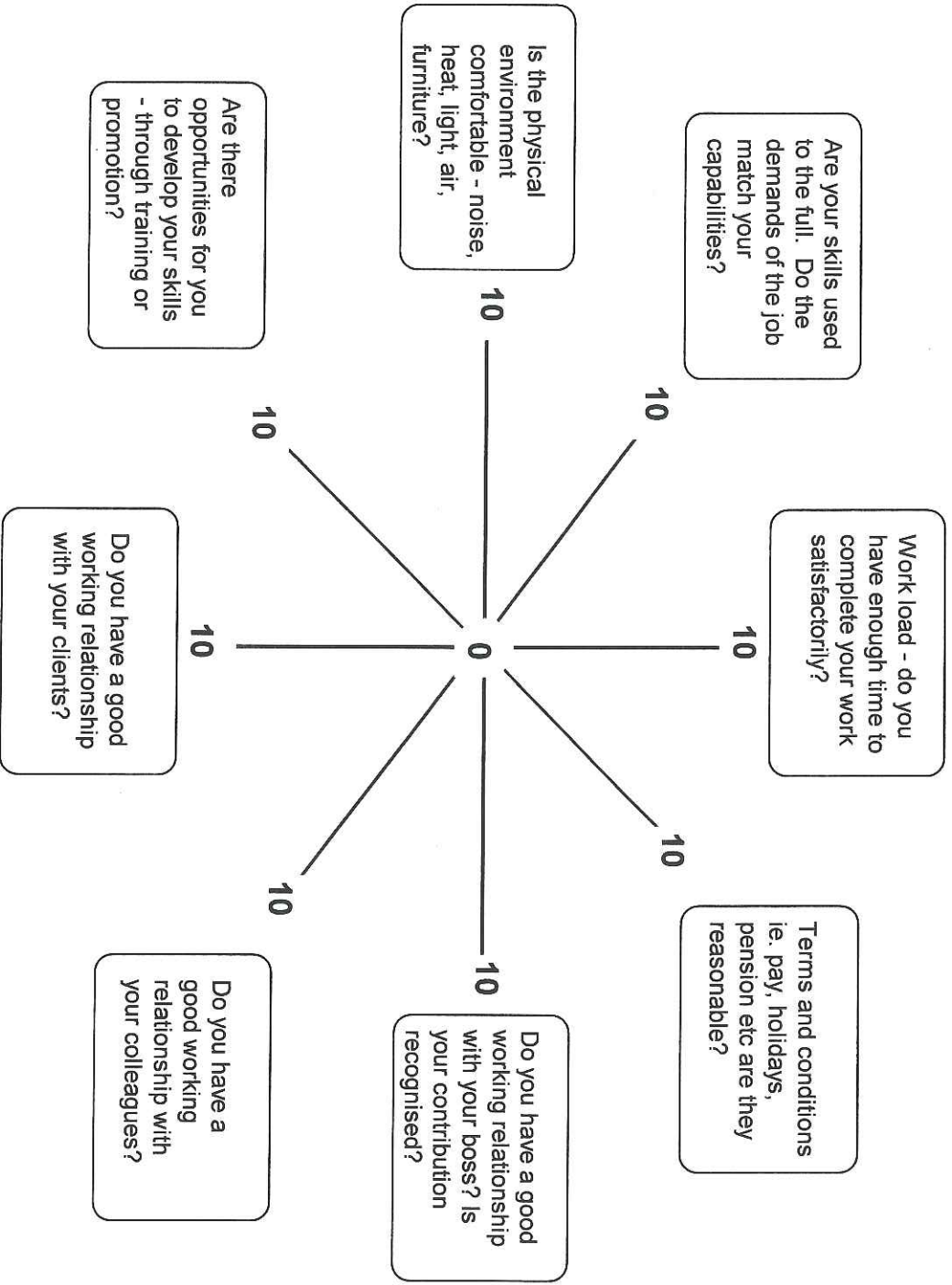


Stress in the Workplace



Person/Job Fit
 Place an X along each spoke depending on your answer. If you can say an unqualified 'yes' put it near 10. If it is an absolute 'no' put it at 0. Join up the crosses and look at the shape you produce. A full circle would suggest a good job fit. Explore the strange angles and consider whether there are things that can be changed