

SASAM

Mental Health

Case Management Support



Exploring your health, wellbeing and current circumstances to support you in a successful return to work.

If you are absent with mental health difficulties for 10 days or more, we will contact you and offer you the opportunity to engage in our voluntary programme designed to support you.

For more information, please contact us on 0808 281 9288.

Our
Clients
said:

"I was really pleased to have someone to speak to when I needed it most"

"Very understanding and caring service. Thank you"

SASAM - Mental Health Case Management Support

WHAT DOES SASAM CASE MANAGEMENT OFFER?

YOUR NHS CASE MANAGER WILL PROVIDE:

A full health and wellbeing assessment

A personalised action plan

Regular one to one support

Access to health and wellbeing resources

Help to access local support services

A completion summary detailing progress and
recommendations for ongoing success

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